

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 14:10
Heat: 3/5 Lane : 5 Athlete: DE BRIER ROSALIE					Q-time: 01:38:91
PB (25m pool): 01:38.91 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.39		01:38.91	
	00:47.39		00:51.52		
					

Coach feedback:

Event number: 15: 400M FREESTYLE MEN 11+					Heat:3, starttime: 14:30			
Heat: 3/5 Lane : 1 Athlete: VANINBROUKX TOON					Q-time: 06:24:93			
PB (25m pool): 06:24.93 Tienen 26/10/2025 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:31.33		no time		03:12.93
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:24.93
								

Coach feedback:

Event number: 15: 400M FREESTYLE MEN 11+					Heat:3, starttime: 14:30			
Heat: 3/5 Lane : 2 Athlete: JAMAR ALEXANDER					Q-time: 06:14:92			
PB (25m pool): 06:14.92 Aarschot 16/03/2025 PB (50m pool): no time SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.54		01:27.18		no time		03:03.21
	00:40.54		00:46.64					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:14.92
								

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 15: 400M FREESTYLE MEN 11+							Heat:3, starttime: 14:30	
Heat: 3/5 Lane : 3 Athlete: YAKILI FURKAN							Q-time: 05:52:35	
PB (25m pool): 05:52.35 Aarschot 29/03/2026				PB (50m pool): 06:51.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.53		01:25.27		no time		02:55.66
	00:40.53		00:44.74					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:52.35
								

Coach feedback:

Event number: 15: 400M FREESTYLE MEN 11+							Heat:4, starttime: 14:40	
Heat: 4/5 Lane : 6 Athlete: VANGENECHTEN MATTHIAS							Q-time: 05:48:42	
PB (25m pool): 05:48.42 Aarschot 29/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:24.73		no time		02:54.73
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:48.42
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:50	
Heat: 1/4 Lane : 2 Athlete: SMEETS LOU							Q-time: 06:59:84	
PB (25m pool): 06:59.84 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:42.43		no time		03:30.32
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:59.84
								

Coach feedback:

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Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:00	
Heat: 2/4 Lane : 3 Athlete: KERCKHOFS WOUKE							Q-time: 05:51:84	
PB (25m pool): 06:08.17 Tremelo 25/05/2025				PB (50m pool): 05:51.84SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:28.52		no time		03:05.07
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:08.17
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:00	
Heat: 2/4 Lane : 4 Athlete: VANGENECHTEN ANNA							Q-time: 05:59:73	
PB (25m pool): 05:59.73 Aarschot 26/04/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.66		01:25.07		02:11.62		02:57.62
	00:40.66		00:44.41		00:46.55		00:46.00	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:45.28		04:32.11		05:18.14		05:59.73
	00:47.66		00:46.83		00:46.03		00:41.59	
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:00	
Heat: 2/4 Lane : 5 Athlete: VANMECHELEN KATO							Q-time: 06:07:70	
PB (25m pool): 06:07.70 Aarschot 29/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.86		01:29.71		no time		03:06.40
	00:42.86		00:46.85					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:07.70
								

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 2 Athlete: VANDERLINDEN PAULIEN							Q-time: 04:53:05	
PB (25m pool): 04:53.05 Tienen 26/10/2025				PB (50m pool): 05:01.48SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.68		no time		02:25.78
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:53.05
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 6 Athlete: GHOOS KATO							Q-time: 05:10:85	
PB (25m pool): 05:13.26 Aarschot 29/03/2026				PB (50m pool): 05:10.85SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.05		no time		02:37.24
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:13.26
								

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:20
Heat: 2/10 Lane : 1 Athlete: DOBBELAERE DAAN				Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:20
Heat: 2/10 Lane : 4 Athlete: KHAN RAJA BALAJ					Q-time: 02:04:13
PB (25m pool): no time					PB (50m pool): 02:04.13 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:20
Heat: 2/10 Lane : 5 Athlete: JAMAR JONATHAN					Q-time: 02:12:38
PB (25m pool): 02:12.38 Pelt 27/09/2026					PB (50m pool): 02:17.83 SB: 02:12.38 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.92		02:12.38	
	01:00.92 01:11.46				
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE MEN 11+					Heat:9, starttime: 15:35
Heat: 9/10 Lane : 3 Athlete: VAN HOOFF COBE					Q-time: 01:11:01
PB (25m pool): 01:10.20 Leuven 04/10/2026					PB (50m pool): 01:13.81 SB: 01:10.20 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.88		01:10.20	
	00:32.88 00:37.32				
					

Coach feedback:

Event number: 18: 100M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 15:50
Heat: 7/7 Lane : 1 Athlete: KERCKHOFS NIENKE					Q-time: 01:24:09
PB (25m pool): 01:24.09 Temse 17/11/2025					PB (50m pool): 01:28.30 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.94		01:24.09	
	00:39.94 00:44.15				
					

Coach feedback:

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Event number: 19: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 16:10
Heat: 2/3 Lane : 4 Athlete: KERCKHOFS DIEWKE					Q-time: 01:38:81
PB (25m pool): 01:48.28 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.01		01:48.28	
	00:52.01		00:56.27		
					

Coach feedback:

Event number: 19: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 16:10
Heat: 2/3 Lane : 5 Athlete: GHOOS DORIEN					Q-time: 01:45:20
PB (25m pool): 01:45.20 Pelt 27/09/2026 PB (50m pool): no time SB: 01:45.20 Pelt 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:45.20	
	no time				
					

Coach feedback:

Event number: 20: 100M MEDLEY MEN 11+					Heat:2, starttime: 16:20
Heat: 2/5 Lane : 3 Athlete: JAMAR JONATHAN					Q-time: 01:52:86
PB (25m pool): 01:52.86 Aarschot 29/03/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:52.86	
	no time				
					

Coach feedback:

Event number: 20: 100M MEDLEY MEN 11+					Heat:3, starttime: 16:20
Heat: 3/5 Lane : 2 Athlete: KHAN RAJA BALAJ					Q-time: 01:41:38
PB (25m pool): 01:41.38 Aarschot 29/03/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.38	
	no time				
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 16:30
Heat: 2/4 Lane : 6 Athlete: KERCKHOFS WOUKE					Q-time: 01:40:18
PB (25m pool): 01:40.18 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:43.11 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.32		01:40.18	
	00:47.32		00:52.86		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 16:35
Heat: 3/4 Lane : 1 Athlete: GHOOS KATO					Q-time: 01:20:13
PB (25m pool): 01:21.55 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:20.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.40		01:21.55	
	00:38.40		00:43.15		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 16:35
Heat: 4/4 Lane : 4 Athlete: VANDERLINDEN PAULIEN					Q-time: 01:09:16
PB (25m pool): 01:09.16 LEUVEN 23/11/2025 PB (50m pool): 01:11.15 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.06		01:09.16	
	00:32.06		00:37.10		
					

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 16:40
Heat: 3/6 Lane : 2 Athlete: JAMAR ALEXANDER					Q-time: 01:26:76
PB (25m pool): 01:35.52 Pelt 05/10/2025 PB (50m pool): 01:26.76 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.99		01:35.52	
	00:45.99		00:49.53		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 22: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 16:45
Heat: 5/6 Lane : 3 Athlete: VAN HOOFF COBE					Q-time: 01:07:47
PB (25m pool): 01:07.47 Aarschot 27/07/2026					PB (50m pool): 01:12.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.20		01:07.47	
	00:30.20		00:37.27		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:55
Heat: 4/8 Lane : 1 Athlete: DE BRIER ROSALIE					Q-time: 01:31:74
PB (25m pool): 01:31.74 Pelt 27/09/2026					PB (50m pool): 01:33.74 SB: 01:31.74 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.80		01:31.74	
	00:45.80		00:45.94		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:55
Heat: 4/8 Lane : 2 Athlete: VANGENECHTEN ANNA					Q-time: 01:29:99
PB (25m pool): 01:26.40 Leuven 04/10/2026					PB (50m pool): 01:29.99 SB: 01:26.40 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.03		01:26.40	
	00:43.03		00:43.37		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 17:00
Heat: 5/8 Lane : 2 Athlete: VANMECHELEN KATO					Q-time: 01:26:01
PB (25m pool): 01:26.01 Pelt 27/09/2026					PB (50m pool): 01:32.86 SB: 01:26.01 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.59		01:26.01	
	00:42.59		00:43.42		
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 17:00
Heat: 5/8 Lane : 5 Athlete: SMEETS LOU					Q-time: 01:26:20
PB (25m pool): 01:26.33 Pelt 27/09/2026					PB (50m pool): 01:26.20 SB: 01:26.33 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.07		01:26.33	
	00:42.07		00:44.26		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 17:00
Heat: 7/8 Lane : 2 Athlete: KERCKHOFS NIENKE					Q-time: 01:14:55
PB (25m pool): 01:14.21 Leuven 04/10/2026					PB (50m pool): 01:15.01 SB: 01:14.21 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.48		01:14.21	
	00:36.48		00:37.73		
					

Coach feedback:

Event number: 24: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 17:05
Heat: 1/7 Lane : 2 Athlete: DOBBELAERE DAAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 24: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 17:10
Heat: 2/7 Lane : 3 Athlete: YAKILI FURKAN					Q-time: 01:32:95
PB (25m pool): 01:40.77 Pelt 06/10/2024					PB (50m pool): 01:32.95 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:40.77	
	no time				
					

Coach feedback:

ZC Zennevallei 26: Session: 2: COACH evaluation sheet for TEAM: BEST

Event number: 24: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 17:15
Heat: 4/7 Lane : 5 Athlete: VANGENECHTEN MATTHIAS					Q-time: 01:21:51
PB (25m pool): 01:21.11 Leuven 04/10/2026					PB (50m pool): 01:23.34 SB: 01:21.11 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.88		01:21.11	
	00:39.88		00:41.23		
					

Coach feedback:

Event number: 24: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 17:15
Heat: 5/7 Lane : 5 Athlete: VANINBROUKX TOON					Q-time: 01:18:25
PB (25m pool): 01:18.25 Pelt 27/09/2026					PB (50m pool): 01:33.97 SB: 01:18.25 Pelt 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.86		01:18.25	
	00:37.86		00:40.39		
					

Coach feedback: